

REFER

You are not expected to be an expert in these areas.

All disclosures, allegations and concerns must be acted upon as soon as possible. Do not investigate yourself.

ALL ALLEGATIONS AND DISCLOSURES MUST BE REFERRED TO :

Diocese of Winchester Safeguarding Manager,
Telephone: 01962 737317 Mob: 07921 865374
Email: safeguarding@winchester.anglican.org

EVENING AND WEEKEND ADVICE IS AVAILABLE FROM:

Hampshire County Council Children and Adults' Services (covers the whole of the Winchester Diocese): 0300 555 1373

If you believe an individual is at immediate risk of harm, please contact the Police on 999

Your Parish Safeguarding Officer is:

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*This leaflet is an 'Aide Memoire' only and must be read in conjunction with the Church of England Policy and Practice Guidance, available via the Winchester Diocese website:
www.winchester.anglican.org*

CONTACTS / HELPLINES

SAFE SPACES for survivors of church related abuse.
Telephone: 0300 303 1056

SAMARITANS: 116 123

NSPCC CHILD PROTECTION HELPLINE: 0808 800 5000

CHILDLINE: 0800 1111 (open 24 hours)

ACTION ON ELDER ABUSE: 080 8808 8141

MIND mental health support: 0300 123 3393

NATIONAL DOMESTIC VIOLENCE: 0800 2000 247

MEN'S DOMESTIC ABUSE LINE: 0808 801 0327

STOP IT NOW HELPLINE: 0808 1000 900

LOCAL SERVICES:

DOMESTIC ABUSE:

Hampshire Domestic Abuse Services: 03300 165 112
Pippa (Southampton Area): 02380 917 917
Paragon (You First) - Bournemouth: 0800 032 5204

YOUNG PEOPLE:

Young People Crisis Line Hampshire: 0300 303 1590
No Limits: 02380 224 224

MENTAL HEALTH / WELLBEING:

East Hampshire Mind: 02392 498916

A full list of Helplines is available on the Winchester Diocese Website: www.winchester.anglican.org

SAFEGUARDING AIDE MEMOIRE

Child Protection

Adult at Risk of Abuse

Domestic Abuse

**It is everyone's
responsibility to safeguard
children, young people and
vulnerable adults.**



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RECOGNISE

Main forms of abuse / potential indicators:

Physical: bruises, burns, cuts, bites, fractures, wounds etc. which do not have an explanation.

Emotional: changes in mood or behaviour, withdrawn or clingy. Depression, aggression or extreme anxiety, nervous, low self esteem.

Neglect: poor appearance/hygiene, rashes, sores, lice. Constant hunger, inadequate care, clothing, supervision. Untreated medical conditions.

Sexual: sexual knowledge/behaviour inappropriate to age/developmental stage, sexual drawings or language, genital pain, itching or bruising, unexplained sexually transmitted or genital infections. Unexplained fear, aggression, becoming withdrawn, self-harm, bedwetting, nightmares, eating disorders.

Grooming: gaining trust of an individual, family, church, in preparation for abuse.

Domestic Violence/Abuse: any incident or pattern of violence or abuse, between those aged 16+ who are personally connected. Including controlling or coercive behaviour.

Financial: unexplained disappearance of funds or valuables, sudden changes in bank accounts or wills, lack of money for essentials.

Discriminatory: eg on grounds of age, gender, race culture, religion, sexuality or disability.

Institutional abuse: eg within a care home etc.

Spiritual: using faith, spirituality, trust to manipulate and control people.

Online abuse * Bullying/Cyberbullying * Modern Slavery * Child Sexual Exploitation * Criminal Exploitation.

RESPOND

We may become aware of abuse, allegations or concerns in a number of ways.

A disclosure from an individual, someone who knows them, or you may witness abuse directly.

An allegation about someone's conduct or concern about their behaviour.

All concerns and allegations must be taken seriously and acted upon.

DO NOT:

- Promise to keep it a secret. Tell them you may need to share this.
- Attempt to investigate yourself;
- Discuss the case with anyone else;
- Speak to the person who is the subject of the allegation / concern;
- Ignore it.

WITH A PERSON MAKING A DISCLOSURE:

- Assure them they are not to blame for what happened.
- Reassure the person they have done the right thing by telling you.
- React calmly, be aware of non verbal messages and body language.
- Listen, do not ask leading questions or investigate. Avoid making comments or judgements.
- Tell them what you are going to do and that they will be told what is happening at each stage.
- Refer as soon as possible to the Diocesan Safeguarding Manager.
- Find support for yourself.

RECORD

Make full notes of what you are told – including names, contacts details, who is making the disclosure or referral, and date and time. Date and sign your notes.

A safeguarding referral form is available on the safeguarding resources page of the Winchester Diocese Website: www.winchester.anglican.org

State the facts and try to use the words the child or vulnerable adult used themselves, in the disclosure.

If someone else is making the allegation or raising a concern you will need to include their contact details.

The original document should be kept safely and a copy forwarded to the Diocesan Safeguarding Manager. If you type up the notes keep a copy of the hand written notes.

WHAT TO RECORD:

Who was involved – names of key people;

what happened – facts not opinions;

where it happened;

when it happened – date and time;

whom it was referred to.