

Equinox



- March 20th 2022 is the Spring Equinox, when day and night are almost equal in length.
- Spring is a time of hope and promise, when the days start to get longer and lighter.

‘Spring is the time of plants and projects.’ Leo Tolstoy

- Many people see Spring as more of a fresh start than New Year. What are your plans and projects for this new season?
- If you could make just one change in your life, what would it be?
- Is there a simple step you could take, that would bring that dream closer to reality?

