

Snowdrops



- Snowdrops symbolise hope; they are a sign that winter is ending and warmer, lighter days are on their way.
- Although they are small and delicate, snowdrops can break through hard, frosty ground and can even melt the snow around them with their warmth.
- They are rich in nectar and pollen and can be a lifeline for early insects, such as bees.
- What can we learn from their resilience? Are we stronger than we think we are?
- If you're able to pick a snowdrop, or look at one close up, take the time to look at it carefully and let it 'speak' to you.