

# Bulbs



- Planting is a great way to spend an Autumn weekend in the garden. A rainy morning's work brings future rewards, even if some of our bulbs are devoured by squirrels, or hit by the wrong kind of weather. We never know which ones will flower, but planting is a statement of faith in the future.
- The bulbs we plant now will hopefully bring life and colour to our gardens, just when we most need it – and will provide nourishment for pollinators just when they most need it.
- Some of the things we do in life bring instant results, others are an investment in the future. Who are the people, and which are the causes that it's worth investing time and effort in now, even if we have to wait patiently for the results?
- Are there any simple things you could be doing to look after your future self? That may mean cultivating a new habit or working on your bucket list – you're worth investing in too!