

# Blossom



- Stone fruit trees such as apples and plums have showy, sweet-smelling blossom to attract the insects that pollinate them. Cherry blossom is an important part of Japanese culture, it can be an excuse for a party, but there is also a tradition of sitting quietly under the trees to contemplate their beauty and the idea that nothing lasts for ever.
- Artists, writers and poets have all been inspired by cherry blossom, particularly as a metaphor for the changing seasons of life and the need to make the most of each moment.
- How can we create the time to savour the beauty in our lives and to live each moment to the full?

***'The beauty of cherry blossoms is not in their duration, but in their fleeting existence.'***                      Unknown

***'Look at the cherry blossoms as they bloom and scatter, such is the way of life.'***                      Matsuo Basho