

# Parasol



- Parasols were originally luxury items designed for nobles in ancient China and Egypt and were often made of papyrus or palm leaves. Victorian ladies used them as fashion items and nowadays we think of parasols as beach or garden accessories.
- Are you a sun-lover, or do you prefer the shade?
- It probably depends on the circumstances, there are times when we enjoy the sun's warmth and others when we want to be protected from its glare.
- It's been said that our lives consist of time in the shade and moments in the sun. Where are you just now? Are you contented there, or is there anything you'd like to change?
- Next time you sit out under a parasol, take the time to enjoy living in the moment.