

Playlist



'You can tell a lot about a person by what's on their playlist.'

Mark Ruffalo

- What music sums up the last year for you?
- What would be the high points and the low spots? Which aspects of the year do you want to remember? Is there anything you'd like to forget? Are there particular songs or emotions associated with any of these times?
- A carefully curated playlist is a great way to express yourself, and even to help you reflect on life. Which experiences have been challenging? Or surprising? What are you most proud of? How have you grown as a person over the last school year?
- What would be on your summer playlist? Think of the songs that will help you unwind and relax and make the most of the days ahead.

'Music is life itself.'

Louis Armstrong

