

# Pancakes



- Most cultures have their version of pancakes, whether they're crêpes, blinis, dosa or injera. Do you like yours with lemon juice and sugar, bacon and maple syrup, berries and chocolate, or smoked salmon and cream cheese?
- Because of their simple ingredients, pancakes have traditionally been thought of as 'food of the people,' especially in times when bread was scarce. They're often seen as something social, a way of bringing people from different backgrounds and cultures together.
- Pancakes are a good metaphor for life; they don't have to be perfectly round or perfectly golden to taste good!

***'Pancakes are proof that the best things in life are simple.'***