

How do we worship and pray?

Outline of Exploring Theology Session 5

- Recap of Sessions 1-4

Outline of Exploring Theology Session 5

- Recap of Sessions 1-4
- Opening prayer

Outline of Exploring Theology Session 5

- Recap of Sessions 1-4
- Opening prayer
- In conversation with Evagrius

Outline of Exploring Theology Session 5

- Recap of Sessions 1-4
- Opening prayer
- In conversation with Evagrius
- Eating Scripture

Outline of Exploring Theology Session 5

- Recap of Sessions 1-4
- Opening prayer
- In conversation with Evagrius
- Eating Scripture
- Worship as a source for theological thinking and living

Outline of Exploring Theology Session 5

- Recap of Sessions 1-4
- Opening prayer
- In conversation with Evagrius
- Eating Scripture
- Worship as a source for theological thinking and living
- Questions & reflections on the question 'How do we worship and pray?'

Outline of Exploring Theology Session 5

- Recap of Sessions 1-4
- Opening prayer
- In conversation with Evagrius
- Eating Scripture
- Worship as a source for theological thinking and living
- Questions & reflections on the question 'How do we worship and pray?'
- Summary & closing prayer

Outline of Exploring Theology Session 5

- Recap of Sessions 1-4
- Opening prayer
- In conversation with Evagrius
- Eating Scripture
- Worship as a source for theological thinking and living
- Questions & reflections on the question ‘How do we worship and pray?’
- Summary & closing prayer

Outline of Exploring Theology Sessions 1-4

- Recap of Sessions 1-4
- Who is God?

Outline of Exploring Theology Sessions 1-4

- Recap of Sessions 1-4
 - Who is God?
 - Who are we?

Outline of Exploring Theology Sessions 1-4

- Recap of Sessions 1-4
 - Who is God?
 - Who are we?
 - Why's the Bible important?

Outline of Exploring Theology Sessions 1-4

- Recap of Sessions 1-4
 - Who is God?
 - Who are we?
 - Why's the Bible important?
 - Why's the church important?

How do we worship and pray?

Opening prayer

Almighty God,
who sent your Holy Spirit
to be the life and light of your Church:
open our hearts to the riches of your grace,
that we may bring forth the fruit of the Spirit
in love and joy and peace;
through Jesus Christ our Lord.

Collect for the Ninth Sunday after Trinity

In conversation with Evagrius

“If you are a theologian you truly pray.
If you truly pray you are a theologian.”

Ponticus Evagrius

‘Chapters on Prayer’ in *The Pratikos and Chapters on Prayer*
trans. John Eudes Bamberger, Cistercian Publications (1981)

Theology as conversation

Conversation with the past

Conversation with the present

Conversation with ourselves

Conversation with God

- Scripture
- Tradition
- Reason
- Experience
- Worship

- Scripture
- Tradition
- Reason
- Experience
- Worship

- Scripture
- Tradition
- Reason
- Experience
- Worship

- Scripture
- Tradition
- Reason
- Experience
- Worship

- Scripture
- Tradition
- Reason
- Experience
- Worship

Who are you in conversation with?

Eating Scripture

Jeremiah 15:16

Your words were found, and I ate them,
and your words became to me a joy
and the delight of my heart;
for I am called by your name,
O Lord, God of hosts.

Ezekiel 2:8 - 3:3

He said to me, O mortal, eat what is offered to you; eat this scroll, and go, speak to the house of Israel. So I opened my mouth, and he gave me the scroll to eat. He said to me, Mortal, eat this scroll that I give you and fill your stomach with it. Then I ate it; and in my mouth it was as sweet as honey.

Revelation 10:8-10

Then the voice that I had heard from heaven spoke to me again, saying, ‘Go, take the scroll that is open in the hand of the angel who is standing on the sea and on the land.’ So I went to the angel and told him to give me the little scroll; and he said to me, ‘Take it, and eat; it will be bitter to your stomach, but sweet as honey in your mouth.’

Amos 8:11

The time is surely coming, says the Lord God,
when I will send a famine on the land;
not a famine of bread, or a thirst for water,
but of hearing the words of the Lord.

Amos 8:11

The time is surely coming, says the Lord God,
when I will send a famine on the land;
not a famine of bread, or a thirst for water,
but of hearing the words of the Lord.



Put the food in
your mouth.



Put the food in
your mouth.

Chew and break the food
up in your mouth.



Put the food in
your mouth.

Chew and break the food
up in your mouth.

Extract the food's flavour.



Put the food in
your mouth.

Chew and break the food
up in your mouth.

Extract the food's flavour.

Taste the sweetness.



Put the food in
your mouth.

Chew and break the food
up in your mouth.

Extract the food's flavour.

Taste the sweetness.

Lectio Divina

- Read (Lectio)
- Meditate (Meditatio)
- Pray (Oratio)
- Contemplate (Contemplatio)

- Read (Lectio)
- Meditate (Meditatio)
- Pray (Oratio)
- Contemplate (Contemplatio)

- Read (Lectio)
- Meditate (Meditatio)
- **Pray (Oratio)**
- Contemplate (Contemplatio)

- Read (Lectio)
- Meditate (Meditatio)
- Pray (Oratio)
- Contemplate (Contemplatio)

- Read (Lectio) - *Put the food in your mouth*
- Meditate (Meditatio)
- Pray (Oratio)
- Contemplate (Contemplatio)

- Read (Lectio) - *Put the food in your mouth*
- Meditate (Meditatio) - *Chew and break the food up in your mouth*
- Pray (Oratio)
- Contemplate (Contemplatio)

- Read (Lectio) - *Put the food in your mouth*
- Meditate (Meditatio) - *Chew and break the food up in your mouth*
- Pray (Oratio) - *Extract the food's flavour*
- Contemplate (Contemplatio)

- Read (Lectio) - *Put the food in your mouth*
- Meditate (Meditatio) - *Chew and break the food up in your mouth*
- Pray (Oratio) - *Extract the food's flavour*
- Contemplate (Contemplatio) - *Taste the sweetness.*

- Read (Lectio) - *Put the food in your mouth*
- Meditate (Meditatio) - *Chew and break the food up in your mouth*
- Pray (Oratio) - *Extract the food's flavour*
- Contemplate (Contemplatio) - *Taste the sweetness.*

Guigo II (+1188) in *The Ladder of Monks*

Isaiah 6:1-9

Isaiah 6:1-9

In the year that King Uzziah died, I saw the Lord sitting on a throne, high and lofty; and the hem of his robe filled the temple. Seraphs were in attendance above him; each had six wings: with two they covered their faces, and with two they covered their feet, and with two they flew. And one called to another and said:

‘Holy, holy, holy is the Lord of hosts;
the whole earth is full of his glory.’

The pivots on the thresholds shook at the voices of those who called, and the house filled with smoke. And I said: ‘Woe is me! I am lost, for I am a man of unclean lips, and I live among a people of unclean lips; yet my eyes have seen the King, the Lord of hosts!’

Then one of the seraphs flew to me, holding a live coal that had been taken from the altar with a pair of tongs.

The seraph touched my mouth with it and said: ‘Now that this has touched your lips, your guilt has departed and your sin is blotted out.’

Then I heard the voice of the Lord saying, ‘Whom shall I send, and who will go for us?’

And I said, ‘Here am I; send me!’

What are our key sources
for theological reflection?

- Scripture

- Scripture
- Tradition

- Scripture
- Tradition
- Reason

- Scripture
- Tradition
- Reason
- Experience

- Scripture
- Tradition
- Reason
- Experience
- Worship

- Scripture
- Tradition
- Reason
- Experience
- Worship

- Scripture
- Tradition
- Reason
- Experience
- Worship

How do we worship and pray?

How do we pray?

How do *you* pray?

Has how you pray changed over time?

“If you are a theologian you truly pray.
If you truly pray you are a theologian.”

Ponticus Evagrius

‘Chapters on Prayer’ in *The Pratikos and Chapters on Prayer*
trans. John Eudes Bamberger, Cistercian Publications (1981)

Lex orandi, lex credendi.

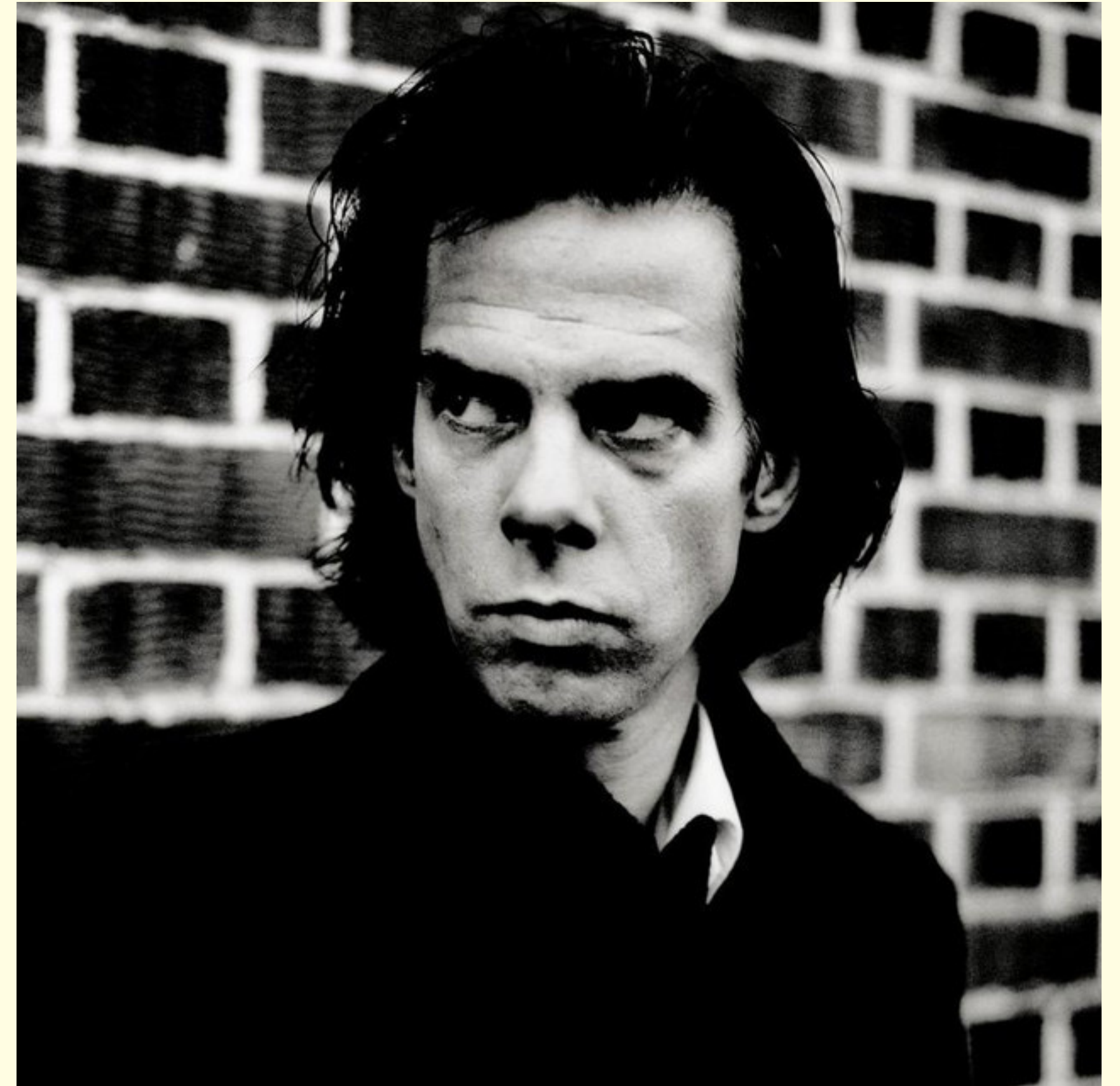
How we pray shapes what we believe.

Lex orandi, lex credendi.

Lex credendi, lex orandi.

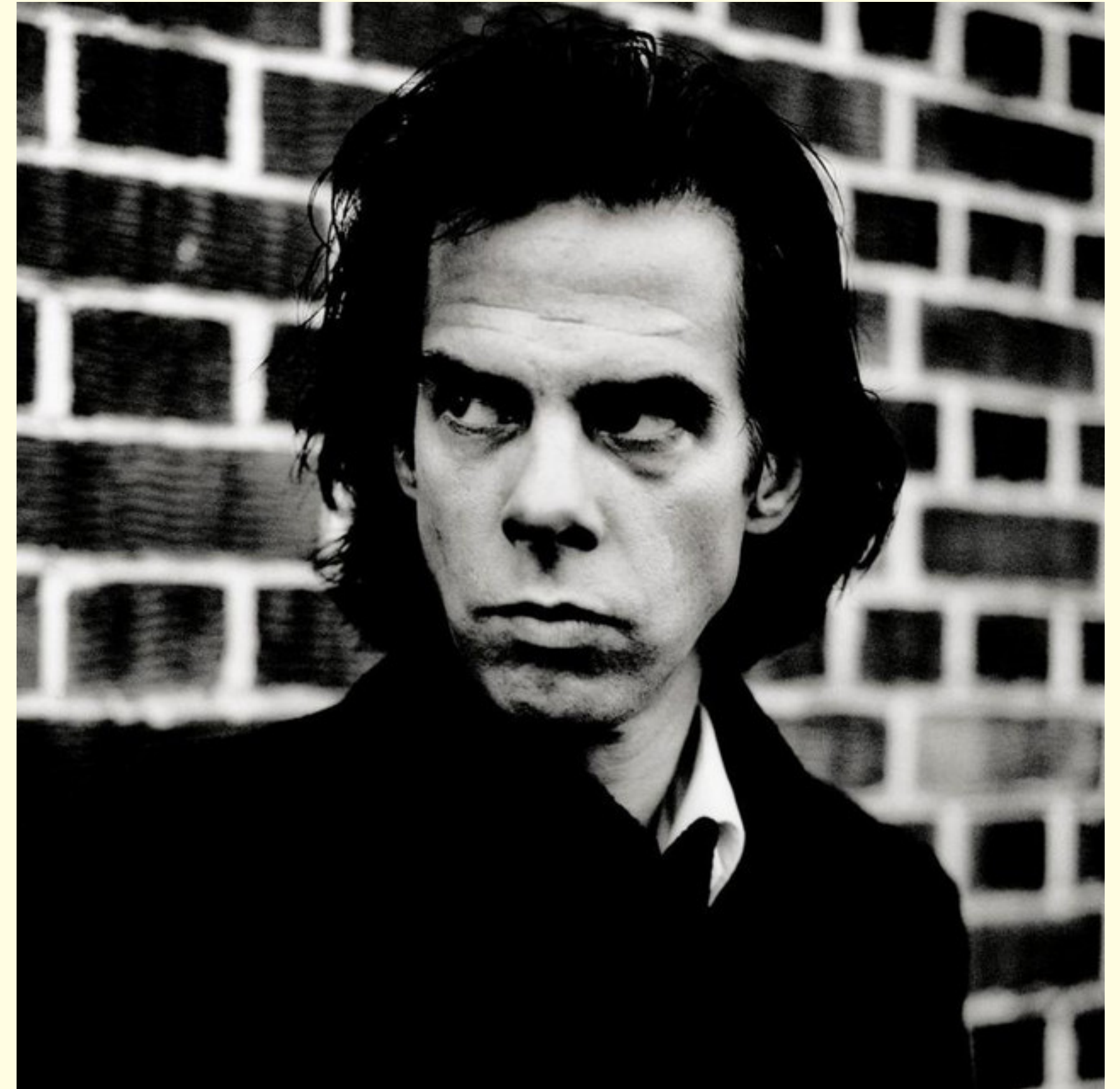
What we believe shapes how we pray.

What changes because of prayer?
What does that imply about God?



Nick Cave

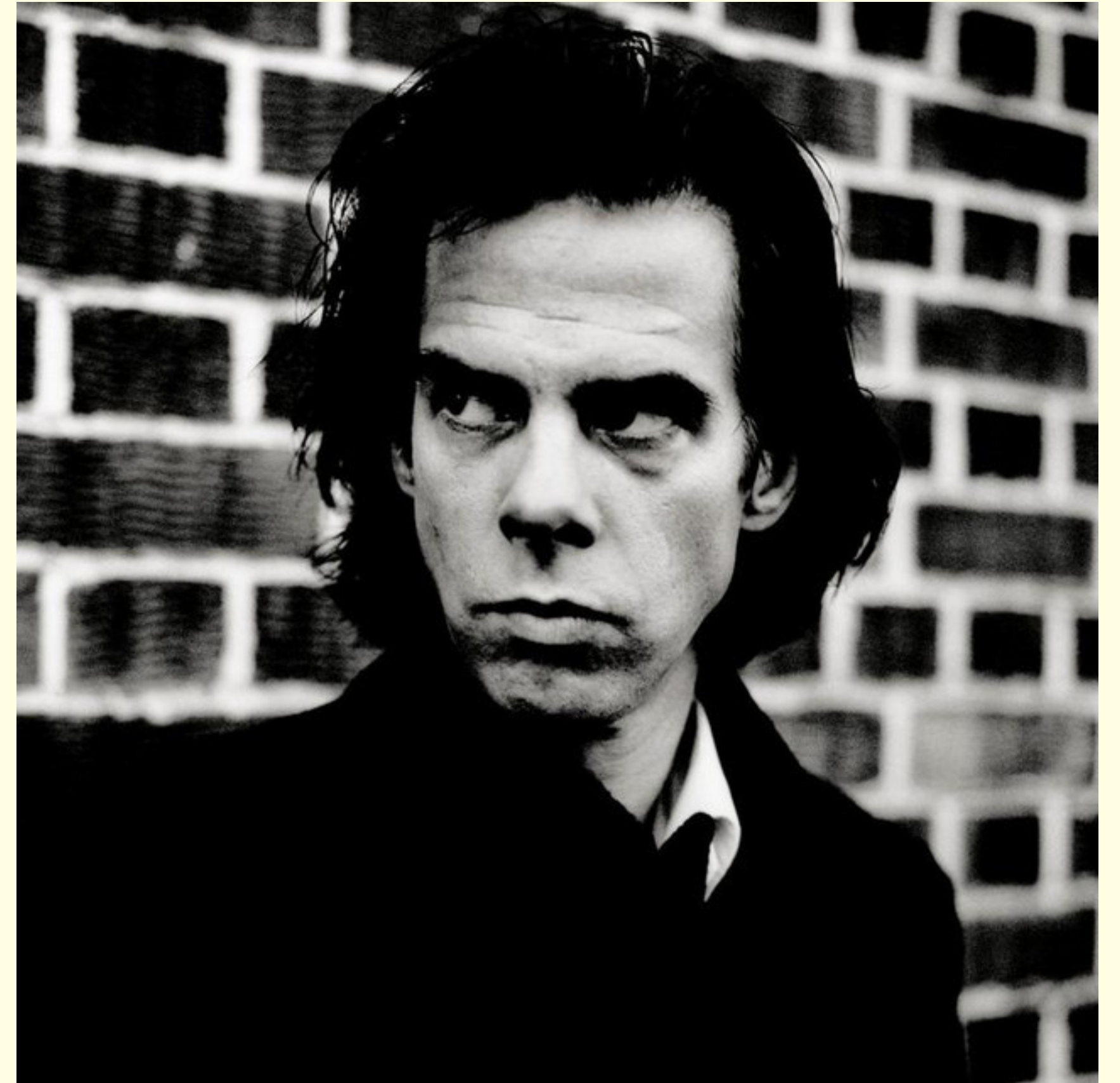
Into your arms



Nick Cave

Into your arms

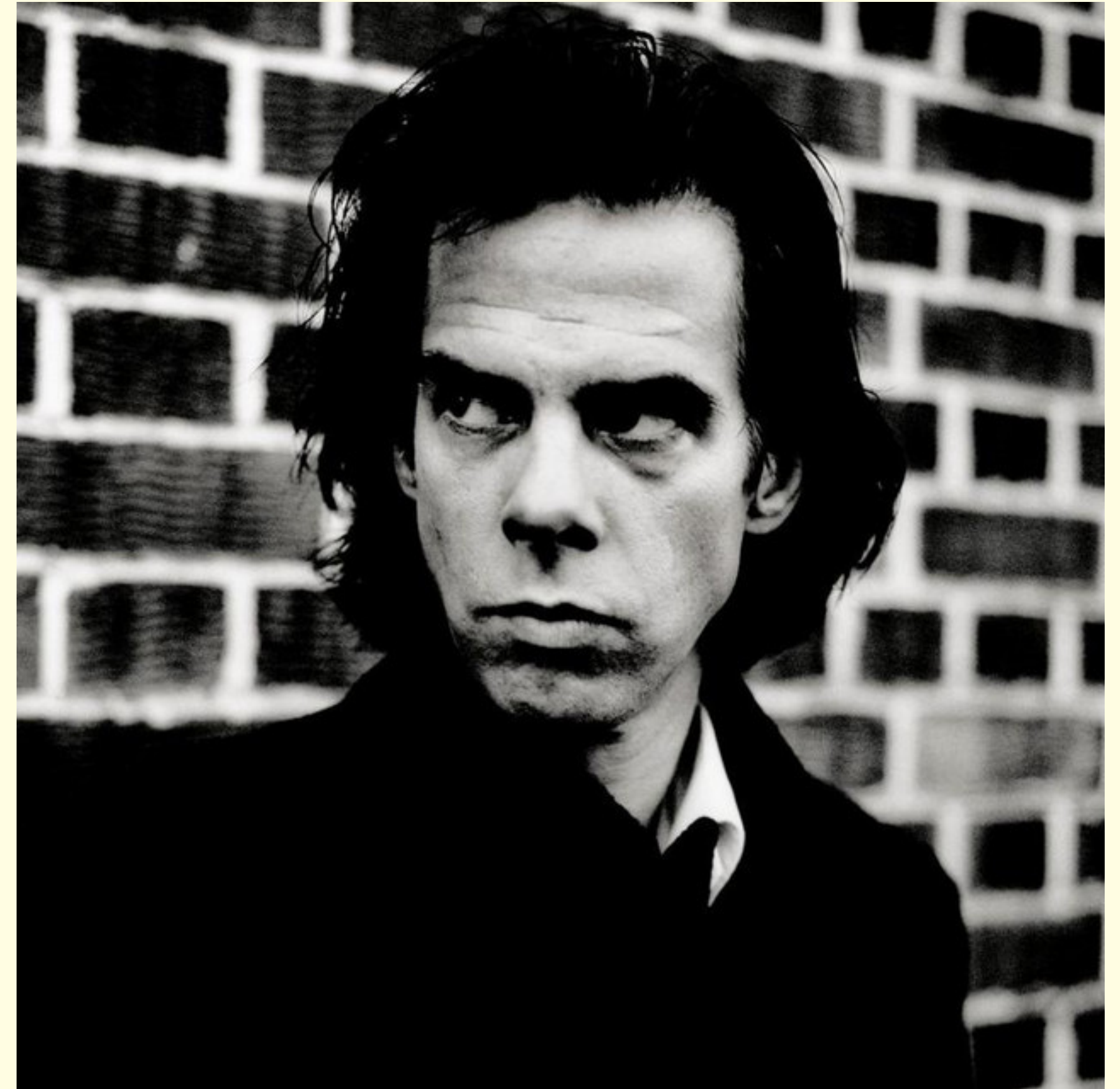
I don't believe in an interventionist God



Nick Cave

Into your arms

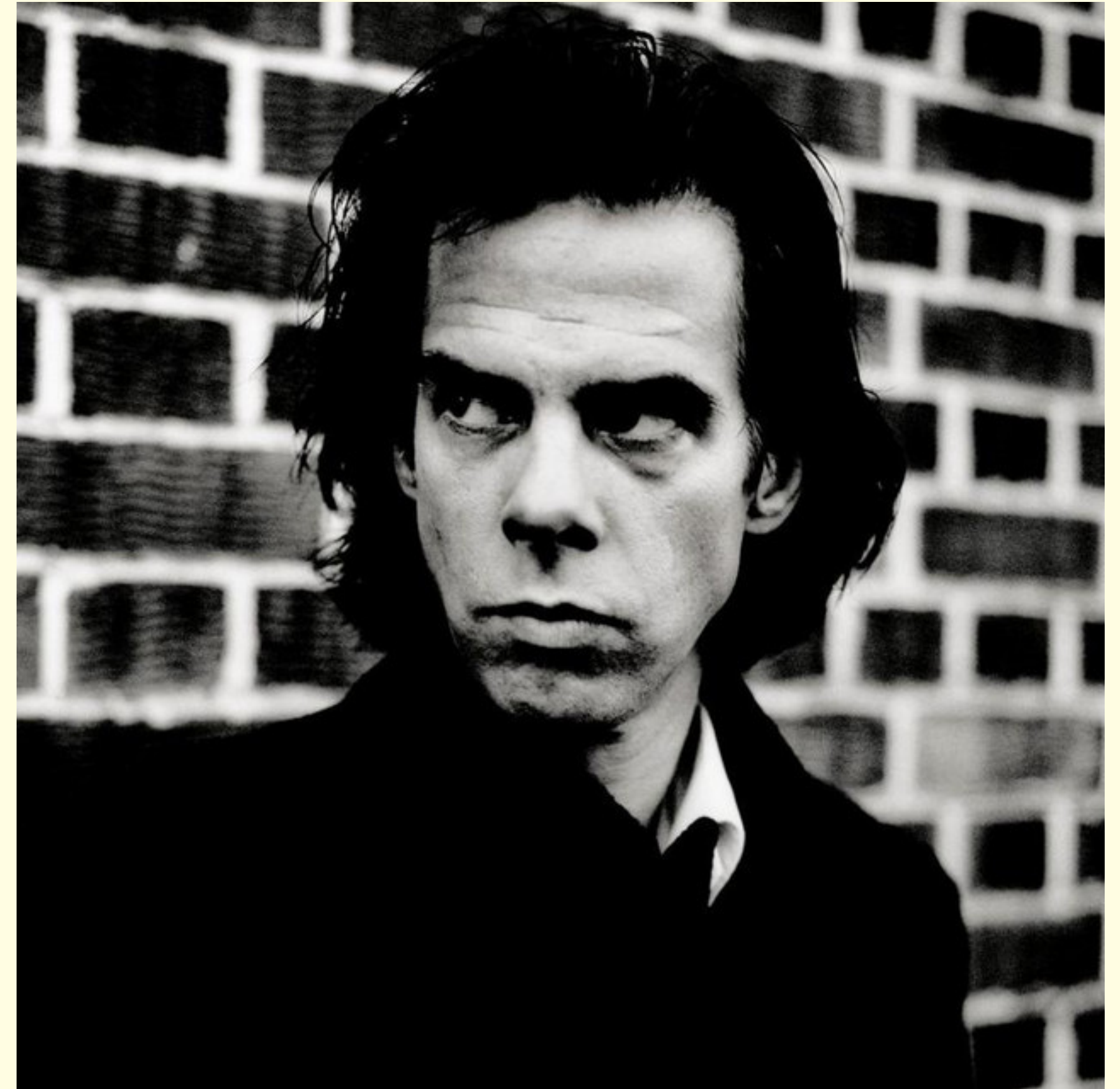
I don't believe in an interventionist God
But I know, darling, that you do



Nick Cave

Into your arms

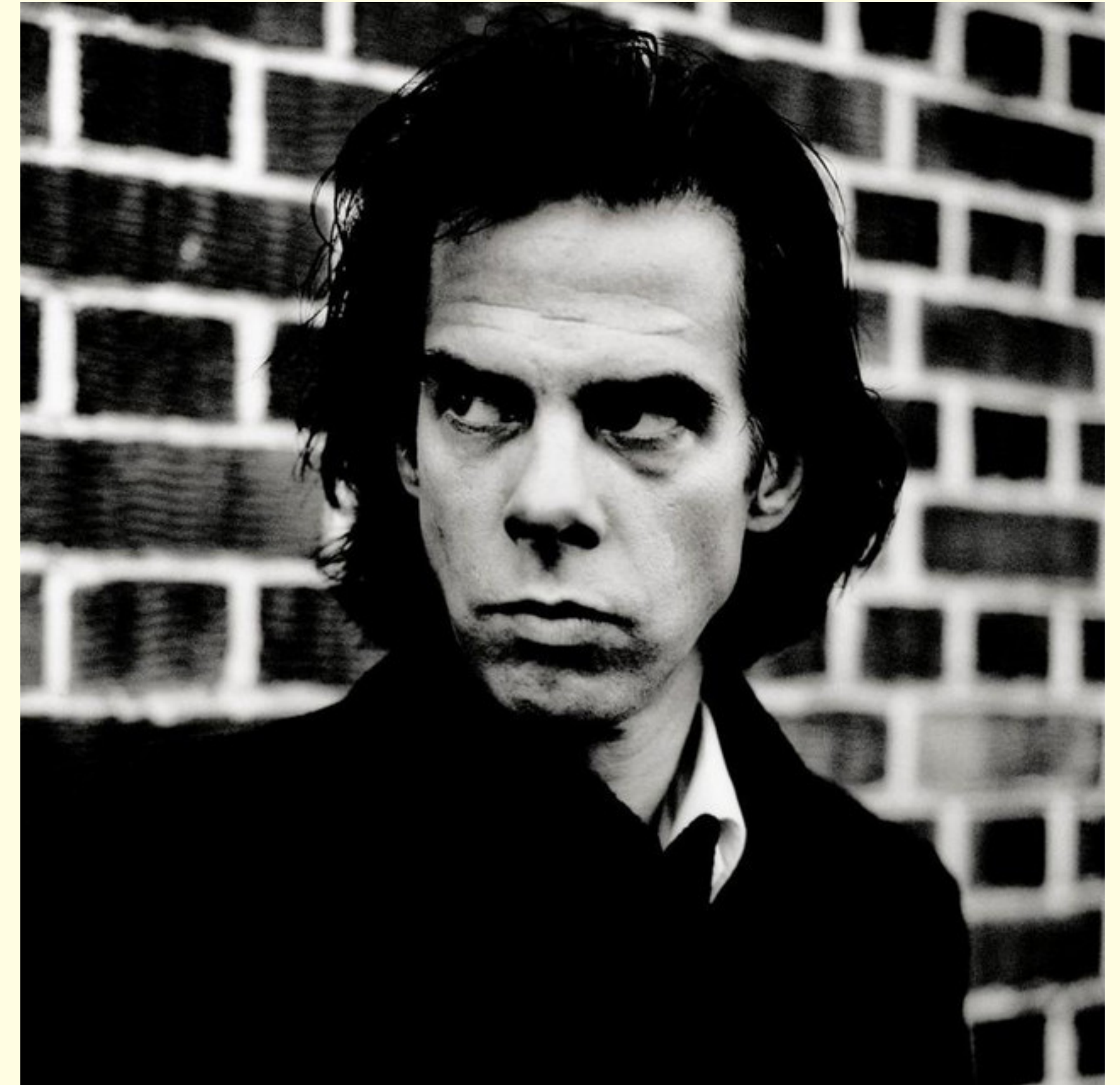
I don't believe in an interventionist God
But I know, darling, that you do
But if I did I would kneel down and ask Him



Nick Cave

Into your arms

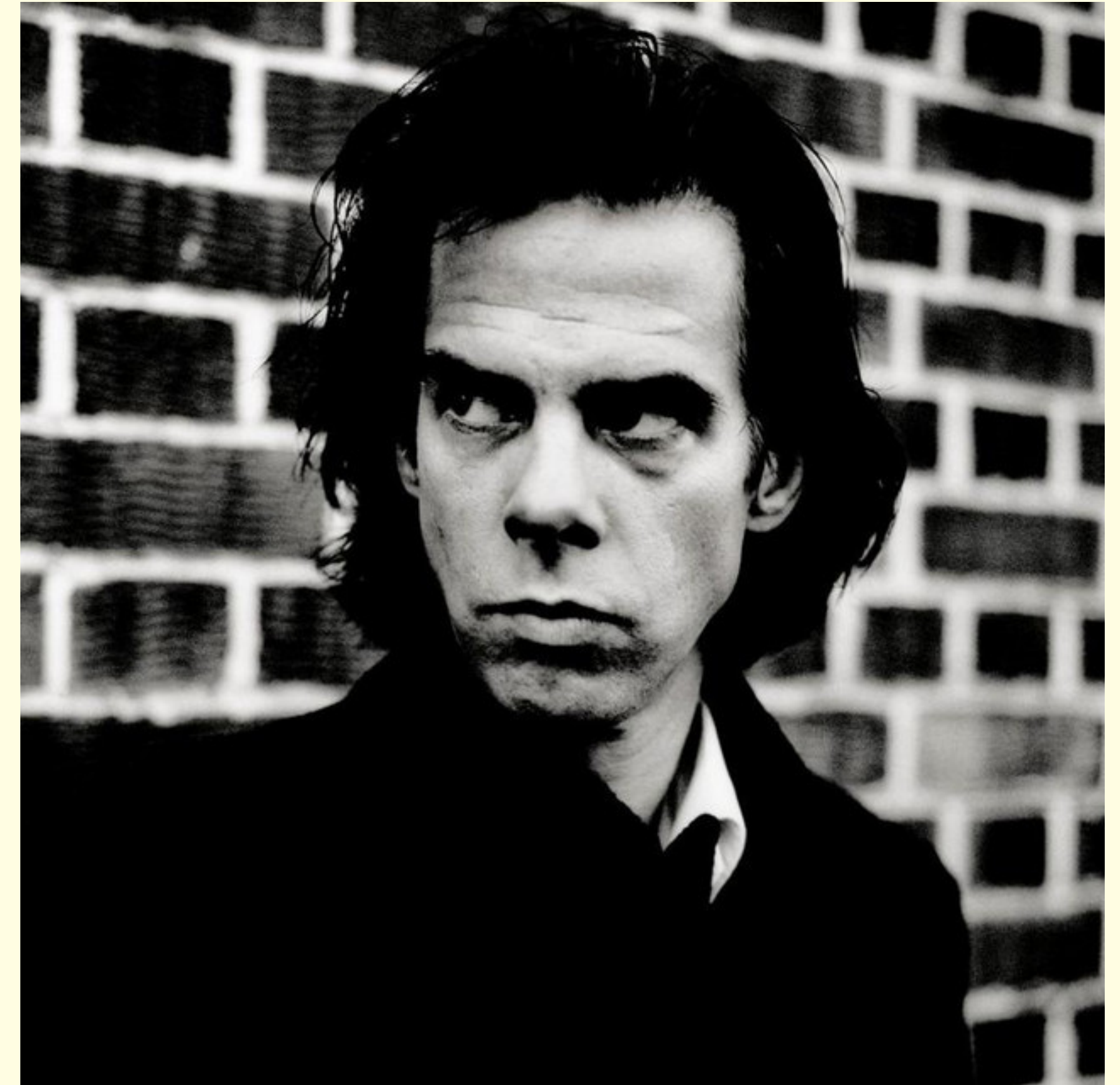
I don't believe in an interventionist God
But I know, darling, that you do
But if I did I would kneel down and ask Him
Not to intervene when it came to you
Not to touch a hair on your head
To leave you as you are



Nick Cave

Into your arms

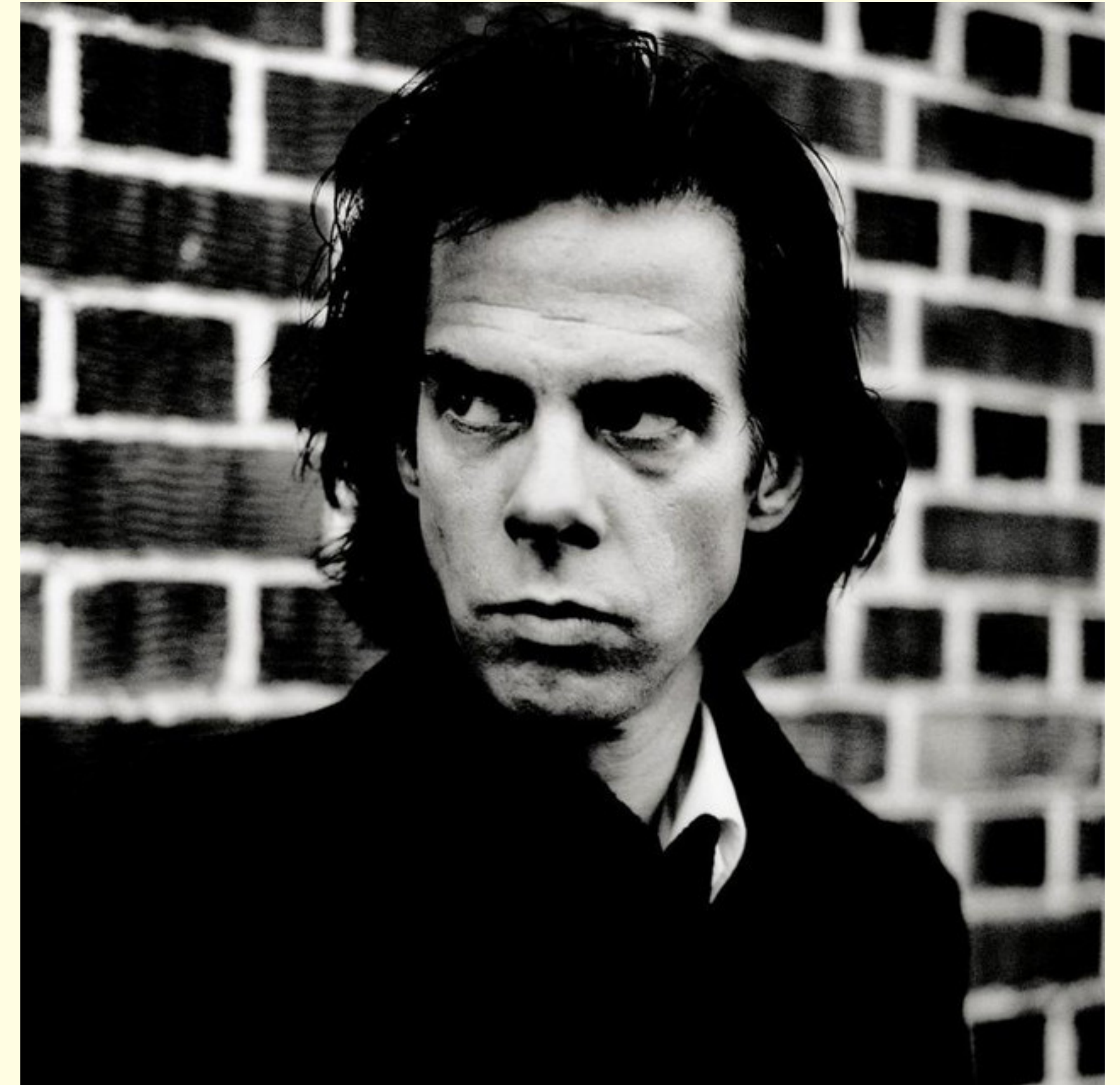
I don't believe in an interventionist God
But I know, darling, that you do
But if I did I would kneel down and ask Him
Not to intervene when it came to you
Not to touch a hair on your head
To leave you as you are
And if He felt He had to direct you



Nick Cave

Into your arms

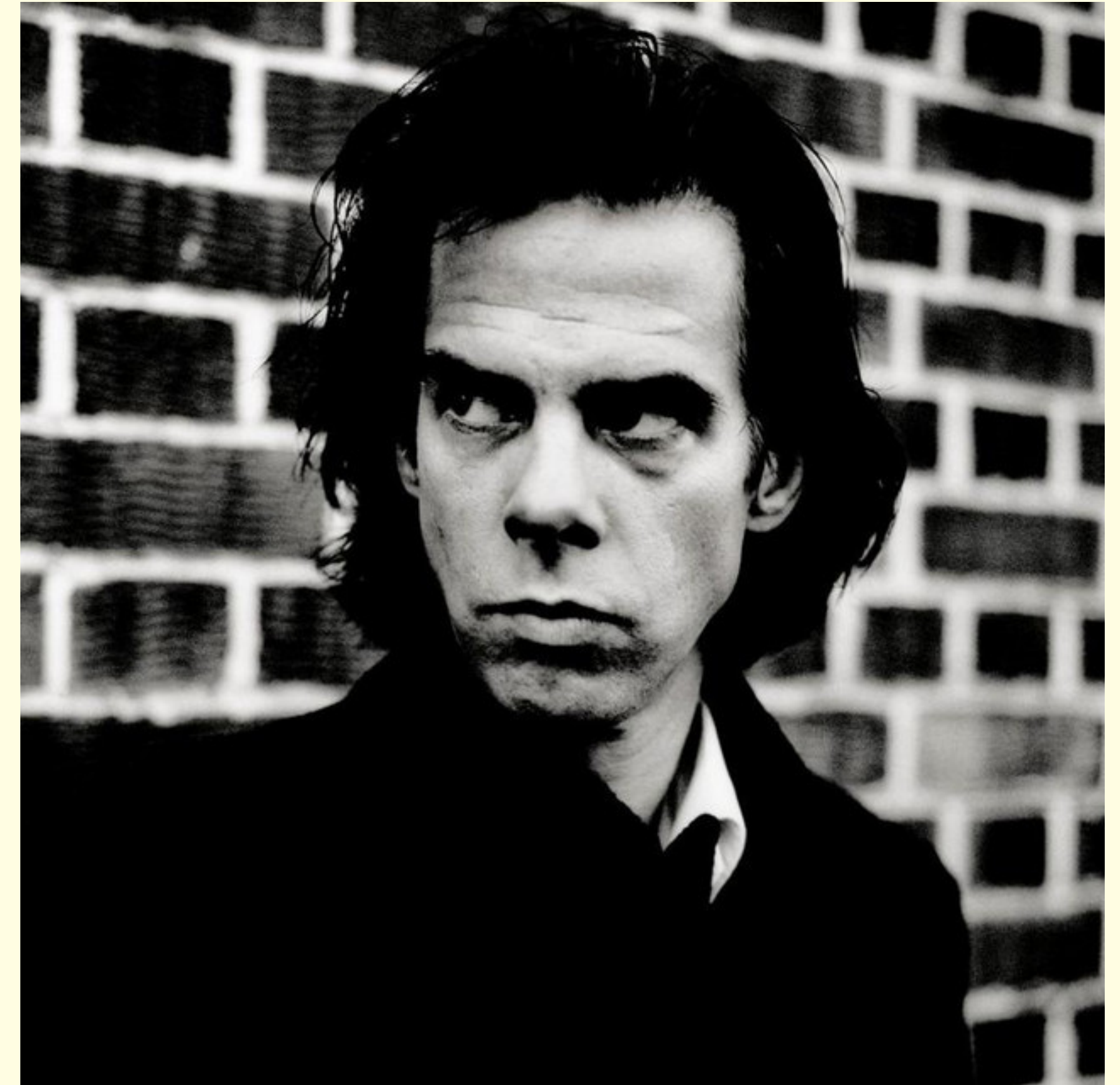
I don't believe in an interventionist God
But I know, darling, that you do
But if I did I would kneel down and ask Him
Not to intervene when it came to you
Not to touch a hair on your head
To leave you as you are
And if He felt He had to direct you
Then direct you



Nick Cave

Into your arms

I don't believe in an interventionist God
But I know, darling, that you do
But if I did I would kneel down and ask Him
Not to intervene when it came to you
Not to touch a hair on your head
To leave you as you are
And if He felt He had to direct you
Then direct you into my arms



Nick Cave

Lex orandi, lex credendi.

How we pray shapes what we believe.

How do we worship?

How is Jesus Christ present in your church?

In Sacrament
In Word
In Spirit

In our acts of worship

Lex orandi, lex credendi.

How we pray shapes what we believe.

How we *worship* shapes what we believe.

What comes to mind when you think of *worship*?

Worship

Worth-ship

What are some of the ways *you* worship?

Have these ways changed over time?

Which ways do you find helpful?

Which ways do you find less helpful?

Some of the ways we worship will include...

Praise

By singing songs of praise

The Psalms

Matthew 26:30

When they had sung the hymn, they went out to the Mount of Olives.

Psalm 117

Praise the Lord, all you nations!

Extol him, all you peoples!

For great is his steadfast love towards us,

and the faithfulness of the Lord endures for ever.

Praise the Lord!

Psalm 118:28-29

You are my God, and I will give thanks to you;

you are my God, I will extol you.

O give thanks to the Lord, for he is good,

for his steadfast love endures for ever.

Desert Island Discs

Desert Island Hymns

What's the one hymn or contemporary worship song
that you would take to your desert island?

What are the words to the song?

What do the words say about God?

What do the words say about you?

What do the words say about the world?

Singing isn't the only thing we do...

Read Scripture

Old Testament

Old Testament

New Testament

The sermon or talk

The Creed

Prayers

Prayers of penitence

HPtFtU

Francis Spufford

“The human propensity to **** things up (HPtFtU)”

Francis Spufford

“The human propensity to **** things up (HPtFtU)”

Francis Spufford in *Unapologetic -
Why, Despite Everything,
Christianity can still make
Surprising, Emotional Sense.*

Prayers of intercession

“The kingdom of God has come near.”

Mark 1:15

Our Father

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come; thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever.
Amen.

Our Father, who art in heaven,
hallowed be thy name;
**thy kingdom come; thy will be done;
on earth as it is in heaven.**

Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.

Our Father in heaven,
hallowed be your name,
**your kingdom come,
your will be done,
on earth as in heaven.**
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever.
Amen.

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come; thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever.
Amen.

The Eucharist
The Lord's Supper
The Mass

Luke 22:17–20

Then Jesus took a cup, and after giving thanks he said, ‘Take this and divide it among yourselves; for I tell you that from now on I will not drink of the fruit of the vine until the kingdom of God comes.’ Then he took a loaf of bread, and when he had given thanks, he broke it and gave it to them, saying, ‘This is my body, which is given for you. Do this in remembrance of me.’ And he did the same with the cup after supper, saying, ‘This cup that is poured out for you is the new covenant in my blood.’

Luke 22:17–20

Then Jesus took a cup, and after giving thanks he said, ‘Take this and divide it among yourselves; for I tell you that from now on I will not drink of the fruit of the vine until the kingdom of God comes.’ Then he took a loaf of bread, and when he had given thanks, he broke it and gave it to them, saying, ‘This is my body, which is given for you. **Do this in remembrance of me.**’ And he did the same with the cup after supper, saying, ‘This cup that is poured out for you is the new covenant in my blood.’

The Blessing

The Dismissal

All the things we say and do

All the things we say and do
together

At the beginning

At the beginning
what's the first thing that's said?

In the name of the Father,
and of the Son,
and of the Holy Spirit. Amen.
Alleluia! Christ is risen.

He is risen indeed. *Alleluia!*

At the end

At the end
what's the last thing that's said?

With the risen life of Christ within you,
go in the peace of Christ.

Alleluia! Alleluia!

Thanks be to God. *Alleluia! Alleluia!*

And we do this, over and over

And we do this, over and over
Week in, week out

And we do this, over and over
Week in, week out
Month by month

And we do this, over and over
Week in, week out
Month by month
Year by year.

Why?

Lex orandi, lex credendi.

How we worship shapes what we believe.

What we repeat shapes us.



What do you repeat when you worship?

Of the things that repeat each week in your church, pick three.
Words or actions.

What do they say about God?

What do they say about God?
What do they say about you?

What do they say about God?
What do they say about you?
What do they say about the world?

What do they say about God?
What do they say about you?
What do they say about the world?

Why do we repeat?

Tradition vs *traditionalism*

Ritual vs *ritualism*

Why do we repeat?

Three reasons (among many!)

Food.

Story.

Identity.

imago Dei

image of God

Called to worship.

Our vocation

But...

What about the rest of the time?

How do we live out our everyday faith?

Summary

- Theology as conversation

Summary

- Theology as conversation
- Eating Scripture with Guigo II

Summary

- Theology as conversation
- Eating Scripture with Guigo II
- Lex orandi, lex credendi

Summary

- Theology as conversation
- Eating Scripture with Guigo II
- Lex orandi, lex credendi
- How do we pray?

Summary

- Theology as conversation
- Eating Scripture with Guigo II
- Lex orandi, lex credendi
- How do we pray?
- How do we worship?

Summary

- Theology as conversation
- Eating Scripture with Guigo II
- Lex orandi, lex credendi
- How do we pray?
- How do we worship?
- Why do we repeat?

Summary

- Theology as conversation
- Eating Scripture with Guigo II
- Lex orandi, lex credendi
- How do we pray?
- How do we worship?
- Why do we repeat?
- What about the rest of the time?

Almighty God,
who sent your Holy Spirit
to be the life and light of your Church:
open our hearts to the riches of your grace,
that we may bring forth the fruit of the Spirit
in love and joy and peace;
through Jesus Christ our Lord.

Collect for the Ninth Sunday after Trinity