

Jasmine



- Winter Jasmine is originally from China, and its name in Mandarin (Ying chun) means 'The flower that welcomes Spring.' One gardening site speaks of jasmine's 'little yellow sparks,' offering hope and anticipation, the possibility of something new.
- The flower is known for its resilience, another gardening manual describes it as 'cheerful and low-maintenance.' How could we be more jasmine? Better at letting our light shine when things around us are dark and dreary?
- How can we encourage those around us to discover their inner jasmine? To find reasons to smile and stay positive, no matter what is going on around them.
- Look out for winter jasmine in gardens or parks nearby and why not take a photo or pick a sprig to remind you that Spring is on its way!

